HEAD LICE AWARENESS

Head lice are common in BC communities. Although they are a bother, **head lice are not a health risk.**

Head lice spread quickly by close, head-to-head contact. Lice cannot live on furniture or carpet, and they cannot jump or fly. There may be few or no symptoms, but itching may occur.

You can help by:

- Checking your child's head with the wet combing method of detection once a week throughout the year.
  - Review the pamphlet *How to Get Rid of Head Lice Wet Combing*, available online, at your school and Public Health Unit.
- Encouraging your child to wear their hair tied back.
- Treating if you notice live lice on your child's head.
- Reminding family and friends about the importance of routine head checks, using the wet combing method.

For more information:

- Your local Public Health Unit
- Read the HealthLink BC File on Head Lice HealthLink BC File #06 Head Lice