

CHILDHOOD STRESS & ANXIETY BUILDING RESILIENCE

EMPOWERING STRATEGIES

EFFECTIVE SUPPORTS



FREE LIVE Presentation and Discussion By:

Julie-Anne Richards, M.A., R.C.C., C.C.C.

Registered Clinical Counselor, Psycho-educational Consultant

www.JulieAnneRichards.com

6:30-8:00 pm, Wednesday

January 29, 2025

Sundance-Bank Elementary

1623 Bank St, Victoria

Registration Link Below

Tailored for Parents,
Caregivers and Educators
supporting children
ages 5 – 12

**Open to all
Neighbouring Schools**

Free Live Event!

REGISTRATION REQUIRED (copy and paste in browser)

<https://www.eventbrite.ca/e/free-live-presentation-on-childhood-anxiety-by-julie-anne-richards-tickets-1134211770939>

This Presentation is structured for an Adult Audience

Sponsored by Sundance-Bank Elementary PAC

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