

VICTORIA FOOD RESOURCES

DOWNTOWN VICTORIA

***if you live in Esquimalt, Victoria, James Bay, Oak Bay or Saanich your Food Banks Canada location is The Mustard Seed Street Church*

The Mustard Seed Street Church

1 Visit Per Month

625 Queens Avenue

Monday - Friday 9am-1pm (Closed holidays and the day after income assistance cheque day)

Please bring ID and your own bags

St. Vincent De Paul

1 Visit Per Month

833 Yates Street

12pm-3:45pm Monday, Wednesday and Friday

2pm-5:45pm Tuesday and Thursday. (Closed holidays and the day after income assistance cheque day)

Red Cedar Cafe Free Store

1900 Douglas Street

Monday - Friday 10am-12pm

Cook Street Village Activity Centre (Seniors)

380 Cook Street

Tuesday & Friday 10am until supplies run out

St. John the Divine

1 Visit Per Month

1611 Quadra Street

Tuesday and Friday 10am-12pm (Closed holidays and the week after income assistance cheque day)

Living Edge Markets

833 Pandora Avenue Mondays 5pm-6pm (Tickets given out at 3pm)

626 Blanshard Street Thursdays 11am-12pm (Tickets given out at 10:30am)

Quadra Village Community Centre (Bread Only First Come First Served)

901 Kings Road

Tuesdays 11am

St. Andrews Soup Kitchen (To Go Meal Service)

St. Andrews Cathedral, 740 View Street

Monday - Friday 8am - 10am

ESQUIMALT

Rainbow Kitchen Food Sharing

500 Admirals Road

Monday - Friday 8am-1pm (while supplies last)

Meals 8:30am (while supplies last)

Community Fridge

2725 Rock Bay Avenue (at the corner of David St. facing the United Church)

Open 24hrs - help yourself, first come first served

Living Edge Markets

511 Constance Avenue

Saturdays 10:50am-12:30pm Tickets given out at 8:30am

SAANICH

***if you live on the Saanich Peninsula your Food Banks Canada Location is the Saanich Peninsula Lions Food Bank*

Saanich Peninsula Lions Food Bank

1 Visit Per Month

9586 5th Street

Monday, Wednesday, Friday 9am-12pm

Living Edge Markets

898 Royal Oak Tuesdays 4pm-5:30pm (Tickets given out at 3:30)

2275 Lam Circle Wednesdays 2pm-3:30pm

7577 Wallace Road Thursdays 5:30pm-6:30pm (Tickets given out at 5:15)

Shelbourne Community Kitchen **not accepting new clients at the moment*

1 Visit Per Month

3787 Cedar Hill Road Unit 101

Tuesday, Wednesday, Friday 10am-1pm Thursday 3:30pm-8:30pm

(Closed the week after income assistance cheque day)

WESTSHORE

****if you live in the Westshore, including East Sooke, Metchosin or the Highlands, your Food Banks Canada location is the Goldstream Food Bank*

Goldstream Food Bank

1 Visit Per Month

761 Station Avenue

Tuesday & Thursday 9am-11am (open first 3 weeks of the month)

Please bring ID

Living Edge Markets

679 Goldstream Avenue

Fridays 12pm-1pm (tickets given out at 9am)

Salvation Army Connection Point Church and Resource Centre

Unit 103-737 Goldstream Avenue (Under Darcy's Pub)

Tuesday & Thursday 9:30am-12pm Wednesday & Friday 1pm-3:30pm

Free Food Fridge & Bread Shelf (while supplies last)

Hampers Available by Appointment for Low Income Families in the Westshore (registration & proof of income required) Call: 778-817-1141

SOOKE

***if you live in Sooke or Port Renfrew your Food Banks Canada location is the Sooke Food Society Food Bank*

Sooke Food Society Food Bank

1 Visit Per Month

2037 Shields Road

Open the first 3 Thursdays of each month 9:30am-3pm

DELIVERY OPTIONS

***note that these options may have delivery or quantity limitations that we are unaware of.*

Community Food Support Hamper Delivery

Go to communityfoodsupport.wordpress.com/faq/ to sign up for a hamper.

Fateh Care Food Delivery

Call 587-889-2700 or email wecare@fatehcare.com to set up delivery.

