

CHILDHOOD STRESS & ANXIETY BUILDING RESILIENCE

EMPOWERING STRATEGIES

EFFECTIVE SUPPORTS



Presentation and Discussion By:

Julie-Anne Richards, M.A., R.C.C., C.C.C.

Registered Clinical Counselor, Psycho-educational Consultant

www.JulieAnneRichards.com

Thursday, February 7, 2019

6:00-8:00 pm

OAKLANDS ELEMENTARY

2827 Belmont Ave, Victoria
for Parents, Caregivers
& Educators

All Community Welcome

**Tailored for Parents,
Caregivers & Educators
supporting children
from ages 5-11 (K-Gr.5)
experiencing stress &
anxiety**

**PRESENTATION
INCLUDING Q & A**

Free Event!

REGISTRATION REQUIRED (Click to Register)

<https://www.eventbrite.com/e/childhood-anxiety-presentation-tickets-53577392423>

All Adults from Schools in the District Welcome

Hosted by Oaklands Elementary PAC

Limited Childminding Available

Registration Required

Funded by the Eric Palmer Memorial Foundation www.ericfoundation.com

